



Workshop title: Bullying, life and change: issues from “The Tae’anaryn”

Author/Speaker: Dr Joe

How would you deal with the challenges of facing a new school, especially if you looked or believed very differently from everyone else there? How do you find the purpose of your life in particular? How can you promote the changes in your life that you need? Tackle these issues in a fun and supportive environment in a one hour workshop with Dr Joe. We can learn a lot from fantasy literature!

This is a one hour workshop and discussion that deals with:

- Appropriate handling of bullying. Doing the “5” (speak nicely, speak firmly, ignore, walk away, report). Turning being bullied into a positive experience.
- Dealing with the big questions. Asking the classical existential question “what is the meaning of life”. Students are encouraged to find meaning to their life in specific, using techniques from relaxation therapy and value based objectives. Depending on time, a fun activity may follow where you can ‘literally’ find your purpose in life.
- Students are motivated and encouraged to achieve their goals in life, with practical advice and proven suggestions for making and achieving worthwhile goals. (Including wishing, accessing help, seeing opportunities, being the change.)

All workshops are given by an educational professional with a doctorate in the philosophy of science education, and over 15 years’ experience in teaching and caregiving settings. The main workshop can be split into three, one hour workshops if more depth is required. Dr Joe’s usual performance fees apply.

Further details on Dr Joe can be found at: www.drjoe.id.au.

For more information on booking Dr Joe to speak, please contact:

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